



U16/19 Substitution Rules

- AYSO National Board allows “Monitored Substitution” as part of the U16 and U19 “Experimental Programs”
- See <http://www.ayso.org> - “AYSO Programs”, then “Experimental” for information
- Area 5C Guidelines updated
- Some Regions will not be participating



U16/19 Substitution Rules

- Monitored Substitution requirements
 - U16 and U19 matches **ONLY**
 - Time Monitor
 - Must be present, otherwise **DO NOT** allow free subs
 - Home Region rules prevail
 - If home Region cannot or will not provide Time Monitor, use quarter breaks even if the visitor can provide a Time Monitor
 - If home Region provides a Time Monitor, and visitors do not play free sub, then visitors sub at approximately quarter breaks while home team uses free subs.
 - If home Region provides a Time Monitor, visitor can provide their own Time Monitor.
 - A parent from either team, a trained neutral 4th official(Referee), or a neutral adult volunteer
 - **CANNOT** be a Coach, Assistant Coach, player, or Referee who is involved in the match



U16/19 Substitution Rules

- Monitored Substitution requirement
 - Time Monitor (cont'd)
 - Takes position on the team side of the field
 - Completes a worksheet documenting playing time for each player. The worksheet is provided to the Referee after the match.
 - Time Monitor is there as a record keeper **ONLY**. They have no authority.
 - Each player **MUST** play at least $\frac{1}{2}$ the match.
 - Regions are charged with reviewing the submitted worksheets to ensure compliance. Violations will be handled by the Region.



U16/19 Substitution Rules

- FIFA substitution Law
 - Either team may request to sub at ANY stoppage
 - Sub is allowed prior to a PK, but the substitute cannot take the kick or replace the goalkeeper
 - Procedure:
 - The substitute(s) must line-up at the halfway line
 - At the next stoppage, a substitution can be requested
 - The Referee determines if the substitution will be allowed
 - The players being replaced leave the field
 - The subs are beckoned on the field by the Referee



U16/19 Substitution Rules

- Advice to Referees
 - Time Monitor worksheets
 - Coaches should complete prior to the match, in jersey # order
 - Keep a few extra with you
 - Referees are responsible for the Time Monitor
 - Locate the Time Monitor before the match starts
 - Confirm they know how to complete the form
 - Confirm they are keeping records (AR1 can assist)
 - Excuse and replace them if necessary
 - Avoid unnecessary delays in the substitution process
 - Defer to the next opportunity if the sub is not at the halfway line
 - Defer to the next opportunity if there's a quick restart or the ball is about to be put into play
 - Add time where appropriate to compensate for time-wasting



U16/19 Substitution Rules

- Advice to Referees
 - Understand the “player” vs. “substitute” distinction
 - Substitute becomes a player when beckoned, and the player becomes the substitute
 - Wait for the player to pass opponents before beckoning
 - Critical for misconduct issues
 - AR1 assists with counting players
 - Review Law 3, The Number of Players